

Indoor air pollution. Part B. Aeroallergens
 Summary of epidemiologic evidence
 Updated March 1, 2005

Health effect	Level of evidence	Comments
Incident asthma	Cockroach allergens Limited	Preschool-age children
	House dust mite allergens Sufficient	
Asthma severity (symptoms, episodes)	Cat, cockroach and house dust mite allergens Sufficient	Sensitized persons
	Dog allergens Limited	Sensitized persons
	Molds, damp housing conditions Limited	Molds may act as allergens and through other mechanisms; damp housing is a proxy for the presence of molds
	Domestic birds Limited	Birds may act as sources of allergens and infectious agents

Source: National Academy of Sciences. 2000. Clearing the air. Asthma and indoor air exposures. Washington, D.C.: National Academy Press.